

## 1-800 Hotlines & Other Online Resources

MHMR Crisis Line:

National Suicide Prevention Lifeline (Veterans dial 1 for VA counselors):

Veterans

Non-Veterans

Support for lesbian, gay, bisexual, transgender and questioning youth:

Texas Youth Hotline for kids under 18:

Texas Runaway Hotline:

Support for mothers experiencing postpartum depression:

Support for Veterans, provided by Trained Peer Veterans:

Support for Law Enforcement, provided by Trained Peer Counselors:

211

911

Online Mental Health Resources

[Suicide Prevention Life Line website](#)